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the pilates prescription for pdf

1 Gregory T. Poulter, MD 8450 Northwest Blvd. Indianapolis, IN 46278 317.802.2424 OrthoIndy.com Rev. 1/16 Lumbar Laminectomy Physical Therapy Prescription

Lumbar Laminectomy Physical Therapy Prescription

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April 2008, Vol. 37 No. 4 Hamstring Injuriesâ€™Ross A Clark 341 Hamstring Injuries: Risk Assessment and Injury Prevention Ross A Clark,1BHMSc, BHHP(Hons), PhD

Hamstring Injuries: Risk Assessment and Injury Prevention

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Numerous guidelines recommend physical therapy for the management of musculoskeletal conditions. However, specific recommendations are lacking concerning which exercises and adjunct modalities to use.

The Physical Therapy Prescription - American Family Physician

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Cervical Spondylosis - NHSGGC

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